



ZONTAGRAM

JUNE 2010

ZONTA CLUB OF WASHINGTON, DC, DISTRICT 3, AREA 4
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ZONTA CLUB OF
 WASHINGTON, DC

PRESIDENT
 MARILU DEL CARPIO

1ST VICE PRESIDENT
 DEENA WEATHERLY-
 DOUGLAS

2ND VICE PRESIDENT
 CASSANDRA HOLLEY

SECRETARY
 ROSA GOLDSMITH

TREASURER
 CHRISTINA MUTH

Our remaining business meetings for 2010 will be held at One Washington Circle Hotel in Washington, DC with the exception of August in which we have a social event. Most of our meetings include a guest speaker in which the club pays for their dinner and drinks. To cover this cost, a Board decision was made to increase the dinner meals by \$2, therefore, the dinners will cost \$37 going forward.

Marta Calderon is the new Program Chair. Louise Akerblom will be working with her on the transition. Many thanks goes to Louise for her services in finding great program speakers and hosting the November 2009 Scholarship Dinner at the Luxembourg Embassy.

As always, we continue to seek regular attendance at the dinner meetings to support club activities and to maintain our relationship with One Washington Hotel. Please remember when reservations are made and not cancelled, no shows will be billed according to club policy.

Rosa Goldsmith

Please register for the July 7th Zonta Club of Washington, DC Dinner Meeting.
 Registration deadline is July 3rd.

We will have our monthly business meeting and a program speaker. Plus:

* * 50/50 Raffle * *

* * Mystery Gift * *

Place: One Washington Circle Hotel
 One Washington Circle, NW
 Washington, DC 20037
 (202) 872-1680

Time: 6:30PM Social, 7:00PM Dinner

Entree Choices: Fish, Chicken, Vegetarian Option

Price: \$37 all inclusive for dinner; Cash bar includes \$5 for wine & beer and \$3 for soda (plus tax)

Metro Station: Foggy Bottom/GWU

Valet Parking available at the hotel for \$5.

Contact: Rosa Goldsmith, our Attendance Co-Chair at rosa_goldsmith@hotmail.com or enter your reservation on our Zonta website, www.zontawashingtondc.org Events On-line Reservation Form. **Please indicate your entree selection.** Reservations are due Saturday, July 3rd, 2010.

Louise Akerblom
Program Chair

Guest Speaker

Kakenya Ntaiya, borned in Kenya, came to the United States and engaged in promoting awareness of the issues affecting girls in her community. As the first youth advisor to the United Nations Population Fund, she traveled around the world to speak on the importance of educating girls, particularly as a means to fight the practices of female genital mutilation and child marriage.

Today, she is working to fulfill the promise that she made years ago: to return to her village and give back. Since 2006, she has been working to build a girls' school in Enoosaen so that other young African girls might travel the same path she did- to education, self-realization and leadership. This is her dream. Read about her dream on <http://kakenyasdream.org>

President's Message

Dear Zontians—

Thank you for trusting me with the Presidency of the Club. I will do my best to carry out the responsibilities of the job.

At the recent orientation luncheon, our past President Diana Garcia asked the new members, “Why did you join Zonta?” It made me think of my own reasons to join the Club. I first heard of Zonta 17 years ago in a speech by Marta Calderon, and I realized that the club was changing the lives of so many women and this was an opportunity for me to give back.

I believe that my work in Zonta no matter how small has made a difference in its programs and I am convinced that our contributions have had a positive impact on the lives of women in need. So imagine if each and every one of us gives a little bit more to our programs and projects, what a greater impact the Club would have.

Lately, we hear a lot about making a difference, bringing positive change – the Zonta Club of Washington has been doing that for over 70 years. But let's not forget that the work of the Club does not rest solely on the Board but in the work and support that we get from the members. We are counting on you and that is why I would like you to ask yourself, *why did I join Zonta?* And *what can I do for Zonta?* And, when you get a call from our Committees' Chairs for help, please do offer your support.

Marilu

Zonta Club of Washington Foundation Report

The Foundation board consists of nine directors: the immediate past president, the president, and the first vice president of the Zonta Club of Washington, who serve on the foundation board for the same term that they serve in those positions in the club; and six other members of the club who serve three year terms. Two of these six members are elected each year. Yvonne Boggan went off the foundation board as of June 1, 2010, because she was no longer the immediate past president of the club; Carol Beaver and Marie Bundy went off the foundation board because their terms expired on May 31, 2010. At the June 2 foundation meeting we thanked all three of them for their generous and enthusiastic service to the foundation.

Also at the June 2 meeting, the foundation membership elected Yvonne Boggan and Heather Dolstra as directors. The current foundation board thus consists of Diana Garcia, Marilú Del Carpio, and Deena Douglas as the current immediate past president, president, and first vice president of the club, respectively; Mary Lou Dell, Carol Widmayer, Janet Southby, Heather Dolstra, Yvonne Boggan, and the undersigned.

Following the dinner meeting, the new foundation board met and elected Carol Widmayer as treasurer, Janet Southby as secretary, Yvonne Boggan as vice president, and me as president. The foundation board also voted to recommend to the foundation membership (for action at the July dinner meeting) to use \$1,000 from the scholarship fund to increase the Virginia Longest Nursing Scholarship to \$2,500.

Mary Ellen Bittner

President, Zonta Club of Washington Foundation

Good Info

- Don't forget, we will be collecting filled bags for the residents of Rachael's Women's Shelter at the May Dinner Meeting. These bags are given to women who initially come to Rachael's, who may not have had a chance to bring anything with them.

Scholarship Committee

Scholarship Committee Members: Please remember to mark your calendars for the scholarship applications review and recommendation meeting on Monday, June 28, at 7:00p. Sonya will send the call-in information via email.

The scholarship committee recommended to the club board Ann Marie Giedd to be the recipient of the Virginia Longest Scholarship. Giedd came highly recommended from Dr. Nalini Jairath, Dean of the School of Nursing at Catholic, and two other nursing professionals. Giedd maintains a 3.7 G.P.A. while commuting to Catholic from Atlanta where her family resides.

The board accepted the committee's recommendation. Now, the club membership has to vote on the candidate. The Foundation must do the same as a portion of the funds are Foundation funds. The committee asks the club member and the Foundation members to vote "aye" to accept this candidate.

The club is expected to vote at the July dinner meeting.

The excerpts below are from Giedd's application letter which says a lot about this candidate.

I am asking for consideration for the Virginia Longest Nursing Scholarship award so that I might help promote the education of nurses through teaching and help to end the shortage of nurses today. About four years ago, I received a flyer in the mail about a nursing school in Washington DC that caught my interest. The flyer described several instructors at the school that were involved with community service and student enrichment. I was a new RN at the time and [new] that one day I wanted to continue my education and pursue a higher degree but was unsure about the track I wanted to take. I put that flyer aside and several months later, I received another one in the mail . . . I put the flyer away but this time something stuck in my mind about the pictures I saw and about the instructors I read about. I saw pictures of students and faculty enjoying community involvement and helping others not only in the Washington area but all over and abroad. I thought that this is what nursing is all about; helping each other through one small act at a time. The stories I read in the flyer described a school that encouraged participation and support . . . The location was far and I had a family with five children- three that were in college already and two still home. The tuition was expensive, quite a lot compared to what I had paid originally for my undergraduate work. Still, those pictures from the flyer stayed in my head . . . My colleagues gave words of encouragement letting me know I was smart, determined and goal oriented and I should return to school. I had a lot to offer to the nursing profession, not only for patients but to nursing students.

I figured out a way to help pay for my education by working two jobs and taking out loans along with the NFLP award that was offered to me last year. The challenge of traveling back and forth from Atlanta Georgia every week and working in two states while going to school has been trying but I am determined to complete my studies at CUA. I believe that what doesn't kill you only makes you stronger. Nurses are strong. We endure many long hours and many trying patients but the reward is far greater than the negative aspects of the work. I want to instill in fellow students the desire to be a nurse. I want to encourage them to make a difference in someone's life. I want them to know the wonderful feeling you have when you have made a difference and to

see the smile on that patients face when you may have been the only one that day to smile at them or hold their hand. There is no feeling like this in the world. It's the feeling I felt when I read that flyer that I received in the mail several years ago and said to myself, "Wow, I want to be part of that community, the CUA nursing family. "

As I continue with my studies, every day I am encouraged to strive farther and study harder to be the best student I can be. The faculty at CUA helps me achieve this. If I could be a part of that faculty one day, whether at CUA or another nursing school like them, I would have accomplished one of my dreams. I am a nurse and very proud to be called by god to continue to serve my patients, community and hopefully one day give back through education to one of the greatest professions in the world.

Service Committee

Six members got together on Saturday, May 22nd to clean up and plant flowers at Rachael's Women Center. The volunteers also donated potting soil and plants. It was a long but fun day. Thank you to all the volunteers.

As you all know, due to some logistical difficulties the State Department has suspended the Once a Month Program; therefore we donated the last two months collections to Rachael's Women Center.

In the past two years, the Service Committee delivered a financial workshop and jewelry classes for the women at Rachael's, funded meals, air condition units, fans, supplies and other items needed at the Center, delivered over a total of 120 Zonta Bags, donated clothing and toys, cleaned up and planted flowers and donated hundreds of sanitary pads that allowed young girls in Zambia to attend school. As the outgoing Committee Chair, I want to thank the dedicated members of the Committee and volunteers for carrying out a great service program.

President's Message

To All Zontians:

The material posted in the Member Resources section on the Zonta International website is owned by Zonta International and is NOT for any individual Zontian, Zonta club or district to copy on their own website or on the Internet in any form (including any social media). For this reason, access to the Member Resources section is individually password-protected. When you want to inform members in districts and clubs of information posted on the ZI website, please give only the link (do not copy information) to the Zonta International Member Resources section. Zonta International (International Board and HQ) is the author and has the copyright to this information.

Social media sites are sites that provide opportunities for members to keep in touch with each other, to follow past Scholarship winners, promote upcoming events and share with friends. These sites are not appropriate for discussion regarding club business, disagreements, candidates or budgetary matters. Zontians must be especially careful not to violate Zonta International Rules of Procedure, Section 3 (2) prohibiting lobbying for proposals that may be voted on, or lobbying for candidates who are running for office at international conventions, district conferences or other Zonta meetings.

Zonta clubs, districts, boards, committees and individual Zontians must ensure that their communication on

websites, blogs or social media sites do not include links to websites inconsistent with Zonta's objects and mission. Likewise, comments or responses which are derogatory, inflammatory or damage the good name of Zonta, or otherwise violate the policies of Zonta International, are not allowed.

A new Electronic Communications Policy is on the agenda for adoption at the forthcoming ZI Board meeting.

Beryl Sten
Zonta International President
Zonta International Foundation President

STRATEGIC PLANNING MEETING

WHEN: SATURDAY, JULY 17TH – 10 am to 1 pm

WHERE: PALISADES LIBRARY

4901 V ST. N.W., WASHINGTON, D.C. 20007

YOU ARE ALL INVITED TO PARTICIPATE IN OUR ANNUAL STRATEGIC PLANNING MEETING, WHERE YOU CAN VOICE YOUR EXPECTATIONS AND PARTICIPATE IN SETTING THE CLUB'S GOALS AND PROJECTS FOR THE NEW FISCAL YEAR. BE PART OF THIS EXERCISE, WE VALUE YOUR INPUT.

CONTACT MARILU AND LET HER KNOW IF YOU ARE COMING AT MARILUC416@COMCAST.NET

COFFEE, JUICE, FRUIT AND PASTRIES WILL BE AVAILABLE (\$5 CONTRIBUTION).